



BECAUSE CAREGIVERS DESERVE CARE TOO

OUR MISSION

We exist so that **no caregiver** ever has to feel alone at **2 AM**.

We provide free, real-time support, training, and relief for family caregivers across the country.

We are not age-based and we are not illness-focused.



WHO WE SUPPORT

We support family caregivers from **all walks of life**, whether they care for seniors, children with autism, individuals with special needs, people living with disabilities, or anyone managing a chronic health condition.

If caregiving has you feeling stretched thin or unseen, we are here to help.

WHAT WE OFFER

- Free 24/7 emotional support line: **(833) 927-6599**
- Caregiver training, including de-escalation training (*virtual and in-person*)
- Resource navigation and referrals
- Tailored resources to culture, language, **any caregiving** situation
- Respite options



DONATE TODAY



caregiveronecall.org

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